

SPA  
WALDEN

SMALL PLATES

AVOCADO TOAST | 13

multi grain bread, lemon, chili flakes, sprouts, chia seeds, fruit garnish

OHIO CHARCUTERIE PLATE | 18

olives, marcona almonds, mustard, housemade crackers

CHICKPEA HUMMUS | 18

vegetable crudites, housemade crackers

CHEESE PLATE | 18

domestic and imported cheeses, dried fruit, housemade crackers

BIG PLATES

MEDITATION BOWL (VEGAN) | 25

arugula, seasonal crisp vegetables, avocado, seared tofu, and honey carrot vinaigrette

SEASONAL SALAD | 25

baby kale, spinach, grilled chicken, roasted apples, madjool dates, pepitas, applewood smoked sea salt, and apple cider vinaigrette

VEGAN SANDWICH | 25

multi grain bread, hummus, roasted peppers, avocado, sprouts, chia seeds, sunflower seeds, pickled cucumber salad

ROASTED TURKEY SANDWICH | 25

housemade foccaccia bread, smoked bacon, avocado, tomato, arugula, lemon aioli and chips

SPA BENTO BOX (VEGAN OPTION) | 25

quinoa salad, fresh fruit & pickled cucumber salad  
Choice of: barbecue tofu or grilled chicken

With purchase of Lunch you receive a complimentary glass of House Wine, Champagne or Mimosa.  
Anything extra will be \$9 per glass or \$32 a bottle.