

SPA
WALDEN

SMALL PLATES

AVOCADO TOAST | 13

multi grain bread, lemon, chili flakes, sprouts, chia seeds, fruit garnish

OHIO CHARCUTERIE PLATE | 18

pickles, mustard, crostini

CHICKPEA HUMMUS | 18

vegetable crudites, housemade crackers

CHEESE PLATE | 18

domestic and imported cheeses, dried fruit, housemade crackers

BIG PLATES

MEDITATION BOWL (VEGAN) | 25

arugula, seasonal crisp vegetables, avocado, seared tofu, honey carrot vinaigrette

SEASONAL SALAD | 25

baby kale, spinach, grilled chicken, Roasted Butternut Squash, Sunflower Seeds, Dried Cranberries, Goat Cheese & Saba Vinaigrette

VEGAN SANDWICH | 25

multi grain bread, hummus, roasted peppers, avocado, sprouts, pickled cucumber salad

ROASTED TURKEY SANDWICH | 25

housemade foccaccia bread, smoked bacon, avocado, tomato, arugula, lemon aioli & chips

SPA BENTO BOX (VEGAN OPTION) | 25

quinoa salad, fresh fruit & pickled cucumber salad
Choice of: barbecue tofu or grilled chicken